

# Direct versus Indirect Visual Feedback: the Effect of Technology in Neurorehabilitation

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## Rehabilitation Practices & Introduction of Technology

Besides specific practices such as the Mirror Therapy or Prism Adaptation Intervention, traditional rehabilitation practices rely on movement repetitions performed with a direct, non-modified, visual feedback.

Direct feedback is predominant in standard practices



Technology has introduced an indirect visual feedback

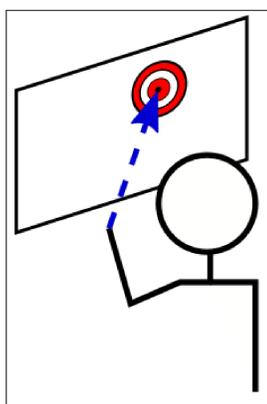
Indirect feedback is currently the standard for robotic and interactive devices



A few exceptions

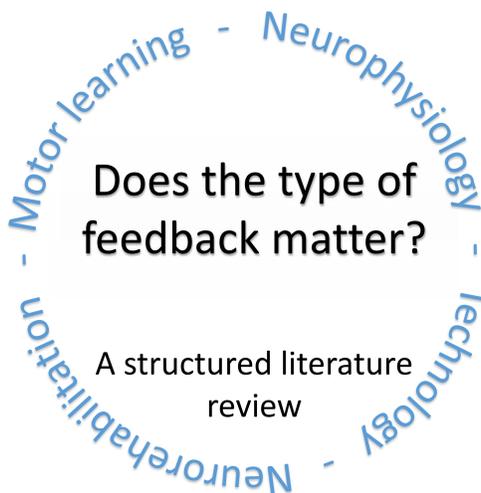


Direct

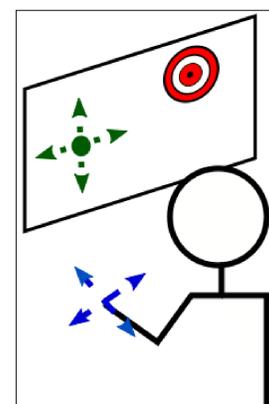


Does the type of feedback matter?

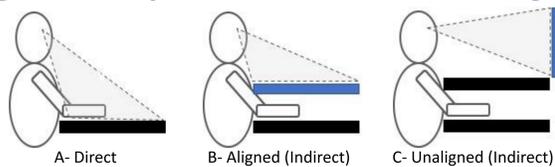
A structured literature review



Indirect



## Learning, Adaptation & Transfer



### Immediate effect

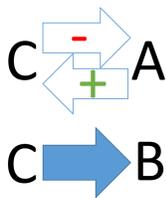
Movements performed under Indirect feedback (B or C) are:

- slower and less straight [2]
- less accurate [3]

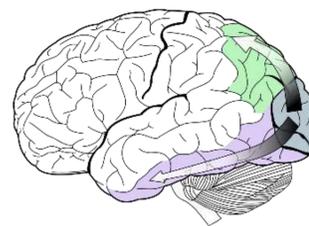
than the ones performed under Direct feedback (A).

### Skills transfer

Stronger adaptation in Direct Feedback (A) [4]  
 After-effect translates more efficiently from Direct (A) to Indirect (C) [4].  
 Some transfers occurs from a training with aligned (C) to a practice with aligned feedback (B) [5].



## Neurophysiological Considerations



The Milner and Goodale two-streams hypothesis where the dorsal stream (green) is dedicated to spatial representation and the ventral stream (purple) is dedicated to identification and recognition. They originate from a common source in the visual cortex.

If the two-pathways hypothesis is disputed in favour of a more complex interconnection, it seems that goal directed actions (of interest in rehabilitation) are mostly driven by the Posterior Parietal Cortex (from the Dorsal Stream) [6].

Neurophysiological experiments suggest that spatial representations for action are expressed in an egocentric coordinate system [7]. But in recent experiments, Renault et al suggested that subject and movement characteristics dependent [8].

Additionally, macaques experiments suggest that different areas are selectively sensitive to either self-movements or external movements [10].

## Conclusions

No strong evidence in literature in favour of either direct or indirect visual feedback in neurorehabilitation.

- Indirect feedback slightly complexifies the learning which may affect the instantaneous training difficulty and thus the patients motivation.
- Motor adaptation and learning can transfer from training with indirect feedback to direct feedback, but more specific studies on the effectiveness of this transfer are required.
- Neurophysiology suggests that indirect and direct feedbacks are relying on different pathways.

## References

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